



LIBERTY
COMMUNITY CHURCH

HEALING THE PLANET HEALING OURSELVES

SEPTEMBER 17-19, 2021

with Rev. Drs. Ralph and Alika Galloway

A TIME TO SHARE stories, resources, and viscerally deepen our understanding of the spiritual crisis that has led to the planet's disrepair; together we will uncover tools of justice and love that heal the planet and ourselves.

SATURDAY SEPTEMBER 18, 2021, 9am-3pm

- 9:00** Opening and Welcome, Rev. Dr. Ralph Galloway & Rev. Dr. Alika Galloway
- 3 Seconds Video
 - Mercy, Mercy, Me (Marvin Gaye), Broderick & Crew
 - Centering and sharing love with each other and the earth, Rev. Cyreta Odunyi
- 9:20** Sankofa, Rev. Dr. Alika Galloway
- 10:00** Earthrise Video, Amanda Gorman
- 10:15** Sankofa, Teddie Potter, PhD, RN
- 11-11:30** Open discussion, Rev. Dr. Alika Galloway; Teddie Potter, PhD, RN; and Adrienne Thayer, RN, BSN, PHN, DNP & MPH candidate
- What gives you hope?
 - What creates fear and anxiety?
 - What are your questions?
 - What do you want to know more about?
- 11:30** Break
- 11:45** Benefits of a Plant-Based Diet, Dr. Iesha Gilliam, MD
- 12:00** Lunch, Connection, and Conversation, Participants
- 12:45** Sound Bowl Mindful Breathwork + Gentle Movement, The Zen Bin
- 1:15** Earth Stories: Sanctuary, Makeda Zulu-Gillespie, Executive Director of UROC; Storytellers Words of Wisdom, 21st Century Scholars
- 2:45** Closing Ceremony, Rev. Dr. Alika Galloway



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*“WHEN WE LOVE THE EARTH, WE ARE ABLE
TO LOVE OURSELVES MORE FULLY.”*

—bell hooks, *All About Love: New Visions*

AT LIBERTY WE BELIEVE WE ARE HEALERS IN NEED OF HEALING; we are living in a time and place where our lives are disrupted by fracture, isolation, and disconnection. We are often disconnected by racism, classism, sexism, homophobia, xenophobia, and human exclusivity. We long to be whole—even in this disrupted state there are sparks of hope that led us forward to paths of healing. We are leaning into elder wisdom and celebrating ancient ways where relationships were based on love, the power of connection and communal interdependence. As a people we long to disconnect from domination and transactional relationships where unbridled power is used to decimate communities and the planet. We want to return to love...for when we love we will act justly, spiritually and wholistically... we will heal!

However, we cannot heal in isolation; we heal in community and in sacred communion with all creation. We heal through recognition that we are all kin. Our way to wellness and wholeness lies in strengthening our connections, repairing the breach between the planet and ourselves by celebrating the planet as a beloved relative as we reconnect with ourselves and her.

Celebrating living into our interconnection promotes wellbeing and affirms the truth that we are one—the planet is not separate from us and we are not separate from each other, the planet, and all species. We are one being, and we can only find our way to authentic healing through empathetic spiritual connection where all beings are held in deep regard and respect. When we change our dependence on arrogant independence and learn to accept and celebrate interconnected dependence, then the gifts that nature and humankind offer each other can and will thrive; and **TOGETHER WE WILL BE HEALED.**